
Subject: 10 TOP YOU SHOULD HAVE

Posted by [Mary L](#) on Thu, 03 Jul 2014 03:25:38 GMT

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10 Top Should Have

1. Anti-aging products

OK, I'm not saying we think you need to look younger, but it's never too early to include ingredients like peptides, antioxidants and retinol in your daily routine. "Retinol is great for all sorts of skin care issues such as acne, smoothing skin texture and lightening dark spots,"

2. Signature perfume

Every woman needs a signature scent that reminds others of her. Think of it as your calling card. Your scent might change depending on your phase of life, but you should always have a bottle of something that you reach for in the morning.

3. Hair styling tools

a round thermal bristle brush, You'll also want a good teasing brush, and a 1-inch to 1 1/4-inch flat iron to create perfect straight, waves or flips that every woman dreams of having.

4. A Good concealer

"Every woman over the age of 20 needs concealer to hide dark circles, pimples or any other imperfections," says Murphy. "It is a quick and easy way to get a flawless complexion."

5. Red nail polish

A classic red nail polish will never go out of style. Whether you prefer a bright pop of color. Red is the perfect go-to color for your nails, no matter what your age.

6. Eyelash curler and lifting mascara

Unless you've got a secret weapon against the effects of time, this is a must-own combo if you're above the age of 20. You may start noticing your lashes getting thinner over time and your skin starting to sag. Using an eyelash curler is "the best way to open up the eyes," It makes them appear bigger and gives them a lift. A natural eye lift? Yes, please.

7. Exfoliating scrub

Smooth, radiant skin doesn't always come naturally, and that's where a gentle exfoliating scrub comes in. It helps slough off dead skin cells, revealing your naturally gorgeous skin underneath. A cleanser with glycolic and lactic acid will "also lighten dark spots,"

8. Dry shampoo

If you've never used dry shampoo before, today is the first day of the rest of your life. It seems the "go-days-without-washing-your-hair syndrome" starts in college, if not earlier. Because the busier we get, the less time we have to wash our hair. Nothing else has the ability to make your hair feel fresh and clean even when you haven't showered in days, trust me

9. Face primer

Here's another given: the older you get, the more lines and wrinkles you start seeing. But aging gracefully comes with using the right products, and primer is one of them. It gives you a smooth canvas to apply your makeup, and some formulas even shrink the appearance of pores

10. Moisturizer with SPF

You need to protect your skin from the sun. And every woman should wear a moisturizer -- it's a given. So it's obvious why this is a must-have product in your daily routine. It's a great way to include SPF without having to slather on greasy sunscreen.

Have you heard it yet? Looking Good is understood at Mary L Hair & Body Care

You can pick up all 10 recommended products specially displayed for your convenience at my salon. Order at my convenient shopping cart and I will not only ship them to your doorstep but u will find several options that save you money.
