
Subject: THE BROWS

Posted by [Mary L](#) on Thu, 03 Jul 2014 04:08:37 GMT

[View Forum Message](#) <> [Reply to Message](#)

Waxing is great for shaping and cleaning all the hair from the brow area. It removes quickly and completely!

It is perfectly fine to clean hair away from brow area by tweezing in between your waxing appointment, but don't go into your shape. Leave that to your Stylist. And make sure to schedule your eyebrow appointment at least every 3-4 weeks.

Very Important to mention to your Stylist

Make sure you let your Stylist know if you're on any medication and drink lots of water. It's best not to wax if you are using a Retin-A, Accutane or any other acne medication. Also let us know if your skin is sensitive, so we can use the proper pre-wax prep to prevent any lifting of the skin. If you've used Retin-A in the brow area, the wax will pull off the skin, and people with thin skin, diabetes, a sunburn, skin disorders, immune deficiencies, those who use Renova, a tretinoin skin cream or have experienced chemotherapy may not have a good waxing service result.

Avoid waxing if you have...

- Used Retin-A or Renova (tretinoin)
- Sensitive or thin skin
- A compromised immune system
- Diabetes or HIV
- Recently taken antibiotics or antihistamines
- A sunburn
- Herpes or any skin disorder around the eyebrows such as psoriasis
- Experienced chemotherapy
- Anemia (waxing may cause bruising)

Should I dye my brows?

Oh yea!! Absolutely, especially if your hair is much lighter, it really stands out. It looks so amazing when you have your brows tinted before a wax. You can really see your shape and thickness with this treatment. Sometimes at first it can look a little bold, but the next day it will look perfect!

BEFORE BROW WAX

Numb Control

Before you reach for something out of your freezer to numb your brows, stop and reconsider. While a bag of ice cubes or a pack of frozen peas does provide some numbing action, something at the warmer end of the temperature dial may be even better. A hot washcloth or a few minutes in a steamy shower opens up your pores, so hairs come out easier. Ice makes your pores constrict, which can lead to a more-painful waxing session once the numbness wears off. Save the cold stuff for after you finish, when you can use it to ease any lingering pain and reduce redness.

Before Creams and Gels

You can buy a special numbing cream made specifically for use before facial waxing, or you can dig through your medicine cabinet and make do with what you've already got on hand. If you've got a bottle of sunburn remedy made of pure aloe vera with lidocaine, swiping a little on your brow a few minutes before waxing provides a little numbing action to see you through the process. Oral numbing gel, usually made with benzocaine, is another numbing agent you've probably got stashed away that can be safely used on the brows as well.

AFTER BROW WAX

Cold Compresses

From allergies to running into a door/wall/blunt object, the reasons are numerous why your eyebrow can appear puffy. To combat these woes, you can try applying a cold compress to the swollen area. Dampen a clean washcloth with cold water, squeeze out the excess and voila! A cold compress to place on your brow. The icy temps both anesthetize and reduce inflammation, to help the redness get the heck outta there. Accomplish this by wrapping ice cubes sealed in a plastic bag or a frozen bag of vegetables in a towel and then applying to your eyebrow for 10 minutes. The cold temperature will help to shrink irritated blood vessels, thus reducing swelling. Repeat as needed throughout the day to keep puffiness at bay.

After Creams and Gels

Smooth Hydrocortisone cream or an over-the-counter antibacterial ointment around your newly waxed eyebrows. Countering swelling and inflammation is what this stuff does best; you'll also have the added benefit of preventing infection. Aloe has anti-inflammatory properties that can help to reduce redness and swelling. For painful and puffy eyebrows, you can take two Ibuprofen to reduce swelling and relieve pain.

Your Eye lids are always Puffy

Some fixes for a puffy eyebrow include drinking more water. If your puffy eyebrow seems to be the result of water retention, drinking more water can encourage your body to flush the water out of your system. Tapping gently on your eyebrows -- just light pats will do -- also may help to encourage some of the fluid puffing up your eyebrows to go away.

Call Doctor

If your eyebrow is puffy after dying your eyebrows or your eyebrows don't seem to be responding to other treatments, it may be time to call your doctor. Skin that is red and irritated, and seems to be spreading to other portions of your eye also can indicate it's time to call your doctor. Because potential eye infections are no laughing matter. The sooner you get your eyebrow or eyebrows checked out, the faster you can be on your way to getting better.

Have you ever experienced a burn from hot wax? I sure hope not!!

Emergency Burn

1. Prepare a cold compress for your lip. Take a few pieces of ice, wrap them in a cloth and hold them to your lip. Do not apply ice directly, as this will cause frostbit and may peel the skin off. If ice

is not available, use cold water.

2. Determine the severity of the burn. A first-degree burn will result in painful redness and possibly swelling. A second-degree burn is more painful, the skin may look blotchy and blisters will occur. A third-degree burn may appear black and will either result in severe pain or little or no pain if the nerves have been damaged. Seek medical care immediately if you have a third-degree burn or a second-degree burn that covers a large area. Only small second-degree burns and first-degree burns should be treated at home.

3. Apply Vaseline to keep the lips moist. You may apply other lip balm containing aloe vera to speed up the healing process. Blisters may form and these will help to protect the wound from infection. Do not pop them.
